

Hearing Health Hour Webinar Bibliography  
Hyperacusis | Monday, January 23, 5pm ET  
Richard Salvi, Ph.D.

### **Relevant Hyperacusis Literature**

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- Auerbach, B.D., Manohar, S., Radziwon, K., Salvi, R. 2021. Auditory hypersensitivity and processing deficits in a rat model of fragile X syndrome. *Neurobiol Dis* 161, 105541.
- Guan, X., Cheng, Y.S., Galaiya, D.J., Rosowski, J.J., Lee, D.J., Nakajima, H.H. 2020. Bone-conduction hyperacusis induced by superior canal dehiscence in human: the underlying mechanism. *Sci Rep* 10, 16564.
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- Henkin, R.I., Daly, R.L. 1968. Auditory detection and perception in normal man and in patients with adrenal cortical insufficiency: effect of adrenal cortical steroids. *J Clin Invest* 47, 1269-80.
- Levitin, D.J., Cole, K., Lincoln, A., Bellugi, U. 2005. Aversion, awareness, and attraction: investigating claims of hyperacusis in the Williams syndrome phenotype. *J. Child Psychol. Psychiatry* 46, 514-23.
- Pienkowski, M., Tyler, R.S., Roncancio, E.R., Jun, H.J., Brozoski, T., Dauman, N., Coelho, C.B., Andersson, G., Keiner, A.J., Cacace, A.T., Martin, N., Moore, B.C. 2014. A review of hyperacusis and future directions: part II. Measurement, mechanisms, and treatment. *Am J Audiol* 23, 420-36.
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- Radziwon, K., Auerbach, B.D., Ding, D., Liu, X., Chen, G.D., Salvi, R. 2019. Noise-Induced loudness recruitment and hyperacusis: Insufficient central gain in auditory cortex and amygdala. *Neuroscience* 422, 212-227.
- Radziwon, K., Salvi, R. 2020. Using auditory reaction time to measure loudness growth in rats. *Hear Res* 395, 108026.
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- Westcott, M., Sanchez, T.G., Diges, I., Saba, C., Dineen, R., McNeill, C., Chiam, A., O'Keefe, M., Sharples, T. 2013. Tonic tensor tympani syndrome in tinnitus and hyperacusis patients: a multi-clinic prevalence study. *Noise Health* 15, 117-28.

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**Tinnitus/Hyperacusis Management Program**

**In Person and Telehealth Appointments**

Tinnitus is the perception of a sound in the ears or head that is unrelated to any actual physical sound. Hyperacusis is an abnormal sensitivity to the loudness of sound. Although there is no cure for either of these conditions, there are effective treatments to help lessen and manage the effects. The audiologists at our clinic have been specializing in the management of tinnitus and hyperacusis for 20 years. Our hearing research center has been conducting research in these disorders for even longer. We have found that a combination of sound therapy and counseling is very effective in helping the majority of patients. Sound therapy means using other sound to make the tinnitus less perceptible and to desensitize the auditory system. Our counseling programs include educational/informational counseling, cognitive restructuring, attention control/imagery training, mindfulness and relaxation training. With each patient, we listen carefully to understand how the problem is affecting you, perform a thorough evaluation, explain our findings and offer management options that are customized to your particular situation. We continue to explore new possible treatments for these conditions and can sometimes offer participation in a clinical trial.